

Local attractions and activities in Pembrokeshire 2025

Local Attractions

We normally try to replenish the brochures in the box in the cottage. We have also tried to summarise some of the local attractions below. Many attractions will vary their opening times out of season, so please do check their websites or telephone them to check. If they are open they will, no doubt, make you very welcome.

Tourist information centres.

Newport National Park Tourist Information centre - in the library opposite the Long Street car park. Open 10-1 Mon-Sat March to October.

Helpful volunteer staff and a good selection of maps, guides, cards, books and gifts.

<https://www.facebook.com/newportinformationcentre>

01239 820912

info@newportpembsinformation.co.uk

<https://www.pembrokeshirecoast.wales>

Fishguard Town Hall Visitor information centre - (on the main square - in the library on the first floor). Disabled parking just outside, or in Co-op supermarket car park.

01437 776636

<https://www.visitwales.com/attraction/visitor-centre/fishguard-town-hall-tourist-information-centre-1834684>

Outdoor Activities for families / children

Numerous beaches throughout Pembrokeshire, including :-

Aberfforest beach - stream and rock pools at low tide.

Cwm-yr-Eglwys beach - sandy beach with rocks for exploring, car park and toilets.

Newport beach - huge sandy beach with lifeguards, sand dunes, easy parking, cafe and toilets close by.

Welsh Wildlife Centre, Ciilgerran - often has activities for children during school holidays.

Numerous accessible walks and hides to watch wildlife, including kingfishers. Visitor centre with excellent Glasshouse Cafe, and a shop.

<https://www.welshwildlife.org/visit/welsh-wildlife-centre-teifi-marshes> 01239 621600

Dyfed Shire Horse Farm, Crymmych, Eglwysrwrw. <https://dyfed-shires.co.uk>. 01239 891107

Llys-y-Fran Country Park - loads of outdoor activities and adventures on land and on the water. Also has a cafe and shop and is open all year round.

<https://llys-y-fran.co.uk/llys-y-fran-reservoir/>. 01437 532273

Castell Henllys Iron Age Village

<https://www.pembrokeshirecoast.wales/castell-henllys/>

Explore a roundhouse village with costumed guides. Beautiful woodland and hilltop setting with cafe. Mobility scooters available for the less able.

Clerkenhill Adventure Farm (closed in winter) <https://clerkenhill.co.uk/> 01437 751227

Folly Farm Park, Kilgetty - 120 acre children's adventure farm park with zoo, play area and fairground <https://www.folly-farm.co.uk/attraction/>. 01834 812731

Cardigan Island Coastal Farm Park - charming small farm park with wildlife spotting opportunities, playground, cafe and gift shop. <https://cardiganisland.com> 01239 623637

Indoor activities for families / children

Hangar 5 Trampoline park and soft play area, Haverfordwest
<https://hangar5.wales/activities/>. 01437 700555

West Wales Karting, Haverfordwest - 300 metre indoor go-kart track - ages 8 and over only
<https://westwaleskarting.com/>. 01437 769555

Ocean Lab and Sea Môr Aquarium in Goodwick - see Welsh marine life close up.
<https://www.seatrust.org.uk/visit-us/>. 01348 688588

Angel House Pottery studio - pottery painting in Newport - next door to the Post Office.
<https://www.facebook.com/AngelHouseNewportPembs/> 01239 820640

Oriel-y-parc, St Davids. Visitor centre with exhibitions, bike hire and family activities
<https://www.pembrokeshirecoast.wales/oriel-y-parc/events-at-oriel-y-parc/family-friendly-fun/>
01437720392

Theatre and Cinema

The Theatr Mwldan in Cardigan has an excellent list of films, plays, concerts and live performances. <https://mwldan.co.uk/whatson/cinema> 01239 621200

Theatr Gwaun in Fishguard (01348 873421). <https://theatrgwaun.com>

Wildlife centres and Nature reserves

Welsh Wildlife centre and Teifi Marshes, Cilgerran near Cardigan.
Said to be one of the best wetland sites in Wales. Numerous accessible walks and hides to watch wildlife including kingfishers. Visitor centre with excellent Glasshouse Cafe and shop.
<https://www.welshwildlife.org/visit/welsh-wildlife-centre-teifi-marshes>

Wildlife Trust of South and West Wales - For information about other trips to Skomer and Skokholm Islands, and local nature reserves.
<https://www.welshwildlife.org/visit>.

Ocean Lab and Sea Môr Aquarium in Goodwick - see Welsh marine life close up.
<https://www.seatrust.org.uk/visit-us/>. 01348 688588

A guide to birdwatching sites in Pembrokeshire
https://pembbsbirds.blogspot.com/p/birding-sites_77.html

Stargazing in Pembrokeshire - <https://www.visitpembrokeshire.com/articles/gazing-at-the-stars>

Coastal Foraging courses are available at:-

Llys Meddyg, Newport 01239 820008 or with
Craig Evans at www.coastalforaging.co.uk 07989 143868

Wildlife boat trips / Dolphin watching

A Bay to Remember, St Dogmaels, Cardigan. Wildlife boat trips.
www.baytoremember.co.uk. 01239 623558

Seamor Dolphin Watching - www.seamor.org 07795 242445

Voyages of Discovery - based in St Davids www.ramseyisland.co.uk 01437 721911

Seamor Dolphin Watching & Wildlife exploring, New Quay Boat Trips, Cardigan Bay,
www.seamor.org 07795 242445

Thousand Island Expeditions, St Davids. Wildlife adventures Visiting Ramsey, Skomer & Grassholm Islands.
www.thousandislands.co.uk 01437 721721

Pembrokeshire Islands. Trips to Skomer, Stockholm & Grassholm, operated by Dale Sailing.
www.pembrokeshire-islands.co.uk 01646 603123 / 01646 603109

Falcon Boats, St Davids. Wildlife & whale watching boat trips. Ramsey & Skomer Islands
www.falconboats.co.uk 07494 141764

Aquaphobia Ramsey Powerboats, St Justinians. Wildlife trips to Ramsey & Grassholm Islands.
www.aquaphobia-ramseyisland.co.uk 01437720471 / 07967 774053

Voyages of Discovery, St Davids. Wildlife voyages.
www.ramseyisland.co.uk 01437 721911 / 0800 854367

Dolphin Spotting boat trips.
www.newquayboattrips.co.uk 01545 560800

Dolphin Survey Boat trips. New Quay.
www.dolphinsurveyboattrips.co.uk 01545 560032 / 07796 135490

Horse riding

Havard Stables, Dinas Cross - Very close to home, opposite the end of the drive. BHS approved riding lessons or escorted pony treks RDA approved - all abilities welcome.
<https://havardstables.co.uk/> 01348 811452

Crosswell Riding Stables - Trekking and lessons can be organised any time by calling Caroline Morgan. She is about 15 minutes drive on the other side of Newport.
<https://www.crosswellridingtrekking.co.uk/>. 01239 891262.

Kayaking, Paddleboarding, Surfing and Coasteering

Sea Kayak Guides - very experienced company based near St David's but offering guided tours / coaching at numerous spots on the Pembrokeshire coast. Highly recommended.
seakayakguides.co.uk. 07432 660235 / 07855 194533

Cwm Kayaking, Cwm yr Eglwys

Reasonably priced equipment hire by the hour. Single & double kayaks and paddle boards. Safety equipment provided.
07800 560310 Contact by text or whatsapp or leave a voicemail.

Mayberry kayaking - Kayak courses and wildlife tours, based in Goodwick, Fishguard.
<https://www.mayberrykayaking.co.uk/book/>. 01348 670360

Kayak King based in Fishguard. Kayak courses and tours. <https://kayak-king.com/>
07967 01 02 03

Preseli venture - offers a range of coastal adventures. Based at Abermawr.
<https://www.preseliventure.co.uk/activities/> 01348 837709

Cardigan Bay Active offers a range of coastal adventure activities. Based in Cardigan.
www.cardiganbayactive.co.uk 01239 612 133 / 07787 123 761

TYF Adventure in St Davids. Coasteering and other coastal adventure sports
<https://www.tyf.com> 01437 721611.

Outer Reef Surf School - surf lessons and other adventure activities for all abilities - based in Newgale, Freshwater West and Manorbier. <https://www.outerreefsurfschool.com>.
01646 680070

Newsurf - surf lessons and board hire based on the beach at Newgale
<https://www.newsurf.co.uk/> 01437 721 398

Boardgames - Surfing and paddle boarding at various beaches along the North Pembrokeshire Coast. <https://www.boardgamesurfing.com>. 0777 222 1 333.

Ma Simes Surf School, Whitesands Bay, St Davids. Surf lessons and board hire.<https://masimes.co.uk/surf-school-hire> 01437720433

Sailing

Newport Boat Club This is situated on the Parrog and although the clubhouse is for members only, they always welcome visitors who wish to sail, particularly during the regatta week in August. There is usually a good 'pop-up' food take away and an ice cream vendor outside the boat club over the summer.

<https://www.newportboatclub.co.uk/> 01239 820503

Tennis

There is a hard court in Dinas and one in Newport.

The Newport tennis club has various membership offers to suit visitors.

<https://clubspark.lta.org.uk/NewportTennisClubPembrokeshire>

Contact Pete Fletcher: pete@penralltnusery.co.uk or Jo Lowde: joannalowde@gmail.co

Golf

There is an 18 hole links course in Newport. They also have a good cafe / restaurant. You don't need to be a member. 01239 820244 <http://newportsands.co.uk/golf/>

Cycling - Cycle hire and Cycle routes

There are lots of good cycle routes locally, both on road and off road. We particularly recommend the Gwaun valley, the climb and views over Bedd Morris, the lanes around Nevern, or north to Moylegrove.

Carningli Bike Hire - Mountain bikes and hybrid bikes can be hired from from the Carningli Centre in Newport. <https://carninglibikehire.com/>

Call Graham on 01239 820724 (during shop hours)/01239 820091 (all other times)

Hidden Routes offer guided off road bike tours. Based at Llys Meddyg in Newport www.hiddenroutes.co.uk 01239 820008

Oriel-y-parc visitor centre in St Davids - Electric Bikes can be hired from

<https://www.pembrokeshirecoast.wales/oriel-y-parc/e-bike-hire/>. 01437720392

Fishing

You are welcome to fish off the rocks or the beach at Aberfforest, but please take care. It is usually possible to book a trip out of Fishguard or one of the neighbouring harbours. Ask the Tourist Information Office in Newport (by Long Street car park).

Fishing Wales website - <https://fishingwales.net/fishing-locations/> gives information about sea fishing in Cwm-yr-Eglwys, Pwllgwaelod, Fishguard and Ceibwr Bay.

Blue Shark Charters, St Davids - fishing trips for mackerel (including children aged 4 and over) bass, or deep sea in Ramsay sound.

<https://fishing-pembrokeshire.co.uk/fishing-trips/mackerel-fishing/> 01437 721721

Ian Heaps Fishing Resort, Llawhaden, near Narberth - Lake or River fishing in the Eastern River Cleddau. <https://www.ian-heaps.com/>. 07780 441659 or 01437 541285

Llys-y-Fran Lake. Rainbow and native brown trout from bank or boat.

<https://llys-y-fran.co.uk/fishing-llys-y-fran/>. 01437 532273

Art and Crafts

Carningli Centre, Newport Local shop selling work by local crafts people.
www.carningli.co.uk 01239 829724

The Gallery Y Oriel, Newport www.thegallery-yoriel.com 01239 820470

Moriath Glass, Newcastle Emlyn - glass landscapes and jewellery - studio visits by arrangement <https://moriathglass.co.uk/> - 01559 371585

Melin Tregwynt, Castlemorris. Working woollen mill with lovely cafe and shop.
melintregwynt.co.uk 01348 891288.

Pembrokeshire Creations and Beyond - beautiful handcrafted gifts - in Fishguard Post Office <https://pembrokeshirecreations.co.uk/>. 01348 873863

The National Coracle Centre, Cenarth Mill - a unique collection of coracles from all over Wales and around the world. <https://www.facebook.com/coraclemuseum> 01239 711642

Food and Drink

Newport Produce Market

Every Monday morning, Market Street, Newport. 9am to 1pm March to December (fresh vegetables throughout the year).

https://www.facebook.com/newportmarketpembrokeshire?locale=en_GB

St Dogmaels Local Producers' Market, between St Dogmaels Abbey and the Mill Pond. A fabulous range of locally produced food and crafts with the lovely St Dogmaels Coach House Cafe just next door. 9am to 1pm every Tuesday morning year round.

<https://www.facebook.com/localproducersmarket>

Caws Cenarth - local family business making artisan cheeses.

01239 710432. Fabulous cheeses. Also available in local shops - well worth a taste!

Bluestone Brewery - Pembrokeshire microbrewery, taproom and shop, just outside Newport. Regular music and other live events during the summer.

(open Fridays and Saturdays). <https://www.bluestonebrewing.co.uk/> 01239 820 833

Gwaun Valley Brewery - Real ale microbrewery, taproom and camping (open Tuesday to Sunday)

<https://www.gwaunvalleybrewery.com/> 07854 767383

Carn Edwards meat - locally grown lamb, beef, mutton and sausages. Available to buy on line or at local markets and shops - hopefully opening their own farm shop soon. <https://www.carnedward.co.uk/> 07773789850 01239820418

Gardens

Llanerchaeron, Aberaeron - There's something for everyone at this beautiful National Trust property - walled gardens, a farmyard and a beautiful estate and woodland to explore. Dogs welcome.

<https://www.nationaltrust.org.uk/visit/wales/llanerchaeron>. 01545 573010

Picton Castle Gardens - Explore the castle and 50 acres of gardens, housing one of the best plant collections in Wales. Many other activities include a collection of 85 vintage lawn mowers, a 'winter welly walk', a playground and jungle board walk. Also has a Spanish themed restaurant. 01437 751346. <https://www.pictoncastle.co.uk/>

Stackpole Estate, Nr Pembroke - National trust estate with coastal paths, gardens, lily ponds and tearoom. Mobility scooter can be hired for the less able.

<https://www.nationaltrust.org.uk/visit/wales/stackpole-estate>. 01646 623110

Moorland Cottage Plants, nr Crymych - small hardy plant nursery (featured on national TV and national press) <https://www.moorlandcottageplants.co.uk/>

Upton Castle Gardens, Cosheston, Pembroke Dock - 35 acres of tranquil listed historic gardens, surrounded by ancient woodland - one of Pembrokeshire's 'hidden gems'

[.https://www.uptoncastle.com/index.html](https://www.uptoncastle.com/index.html). 01646 689996

Museums

National Wool Museum, nr Newcastle Emlyn - discover the story of the welsh woollen industry. Cafe and shop. <https://museum.wales/wool/>. 0300 111 2 333

Ty Twt Dolls House and toy museum - <http://dollshouseandtoymuseum.org.uk/exhibits-dolls-house-toy-museum-newport/>

The Last Invasion Gallery, Fishguard Town Hall - Tapestry masterpiece that captures the dramatic events of the 1797 invasion.

<https://lastinvasiontapestry.cymru/>. 01437 776122

Castell Henllys Iron Age Village

<https://www.pembrokeshirecoast.wales/castell-henllys/>

Explore a roundhouse village with costumed guides. Beautiful woodland and hilltop setting with cafe. Mobility scooters available for the less able.

Spa and Beauty

Wolfscastle Country Hotel and Spa, Wolfscastle, Haverfordwest - offers a range of beauty treatments and 'Pamper packages' as well as afternoon tea, and more...

<https://wolfscastle.com/spa/> 01437 741225

Ivybridge Day Spa, Drim Mill, Goodwick, Fishguard - offers a range of therapies and treatments www.ivybridgespa.co.uk 01348 875345

Churches

Nevern Church - 6th century church with 700 year old 'bleeding yews' in the churchyard <https://www.nevern-church.org.uk/visit/>

St Davids Cathedral, St Davids - an active place of worship since the 6th century and a fantastic place to explore history, spirituality, art and architecture. <https://www.stdavidscathedral.org.uk/>

St Davids Bishops Palace - a magnificent medieval palace. <https://cadw.gov.wales/visit/places-to-visit/st-davids-bishops-palace#visitor-information>

St Brynachs, Cwm Yr Eglwys - ruined church on the beach. The church site may be early medieval in origin. Most of the church building and the seaward side of the churchyard were washed away in a storm in October 1859. The upstanding remains comprise the west wall.

Castles

Nevern Castle - the remains of an ancient motte and Bailey castle on the pilgrimage route to St Davids (Nevern church and Pilgrims' trail are also worth visiting). Always open with free access.

<https://www.castlewales.com/nevern.html>. <https://www.nevern-church.org.uk/visit/>

Cardigan Castle - is just a 25 minute drive away and is worth a visit. You can book guided tours and there is an escape room. It has a good cafe / restaurant called 1176. The castle has several interesting attractions to explore, activities for children, and there are events and concerts throughout the year.

Check the website for opening times and for tickets.

<https://cardigancastle.com/>. 01239 615131

Carew Castle and Tidal Mill. A very popular visitor attraction for all ages. Castle, Mill and Garden tours and a comprehensive calendar of family events and activities. Mobility scooter hire available.

<https://www.pembrokeshirecoast.wales/carew-castle/>. 01646 624800

Pembroke Castle - A mighty Norman castle with round towers, sited on a high ridge between two tidal inlets. Nearly complete and said to be one of the best castles in Wales.

<https://pembrokecastle.co.uk/>. 01646 681510

Manorbier Castle - the castle and its surrounding lands are nestled in a narrow valley carved from two streams which flow past sandy beaches to Manorbier Bay.

<https://manorbiercastle.co.uk/>. 01834 870 081

Picton Castle - Explore the castle and 50 acres of gardens, housing one of the best plant collections in Wales. Many other activities include a collection of 85 vintage lawn mowers, a 'winter welly walk', a playground and jungle board walk. Also has a Spanish themed restaurant. 01437 751346. <https://www.pictoncastle.co.uk/>